

Dear Warrior Training Graduate,

The **Recertification Program (ReCert)** is designed to keep all active Warrior Training teachers aligned with the official method, current teaching standards, and the latest refinements in technique. It provides a valuable opportunity to reconnect with Scott & Jorina, boost inspiration, and refine both practice and teaching skills in a supportive, immersive, and engaging environment.

ReCert also ensures that your Certificate & Licence remain active and valid, confirming your continued authorization to teach under the Warrior Training name.

Program Overview

Length: 2-day intensive

Price: €500 per ReCert (or redeem referral credit earned through the Alumni Program)

Frequency: Twice per year — Spring and Fall, held immediately after each Warrior TT

Requirements: Graduate of the Warrior Teacher Training Program

Outcome: Updated Certificate & Licence (valid for 2 years)

Who Needs to Recertify

Active Teachers: All active teachers are required to recertify every 2 years.

Inactive Teachers: For individuals not actively teaching or not planning to teach, recertification is optional.

Notes:

- **After four consecutive ReCerts** (8 years total), your recertification requirement shifts from once every two years to **once every four years**.
 - For teachers in the Progressive Certification Program: once you achieve **ProCert Level 5 (900 hours)**, recertification is no longer required.
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Program Format

ReCert is a compact, 2-day intensive designed to mirror the immersive style of the original 7- or 10-day Teacher Training. Over two focused days, teachers come together for an educational yet fun update and refresher into the Warrior Training method.

Program Highlights

- Daily Warrior Class with Scott & Jorina
 - Graduate-Taught Round Robin Classes
 - Personalized Feedback Sessions
 - Asana Clinics
 - Graduate-Level Q&A
 - Anatomy and Prenatal Refreshers
 - Updates to Methodology: new postures, new techniques, and new mini-routines
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Program Schedule

Day One

Warrior Class with Scott & Jorina — 90 min
Asana Clinic + Graduate-Level Q&A — 120 min
Graduate-Taught Round Robin Public — 75 min
Graduates Feedback — 60 min

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Day Two

Warrior Class with Scott & Jorina — 90 min
Asana Clinic + Prenatal Review — 120 min
Graduate-Taught Round Robin Public — 75 min
Graduates Feedback — 60 min
Certificates & Licences — 30–45 min

Certification & Licencing

Upon completion of ReCert, you will receive an updated Certificate & Licence confirming your status as an active, authorized, and licensed Warrior Training teacher.

Your updated Certificate & Licence will be valid for 2 years.

After four consecutive ReCerts — 8 years total — your Certificate & Licence will be valid for 4 years.

Quality & Excellence

Recertification is an opportunity to stay connected, current, and licensed, while remaining aligned with the latest techniques, teaching standards, and developments in the Warrior Training method. It ensures that the Warrior Training community continues to uphold the highest quality and standards — and that as a Warrior Training teacher, you consistently deliver exceptional skill, excellence, and value.

With great regards,

Scott & Jorina

Warrior Teacher Training

Warrior Training College of Asana-Based Strength Training

